

# menu



REFRESH YOURSELF  
at the BRAND SPANKIN' NEW

**GUIDO'S**  
**GFRESH'S**  
Est. 1979  
**MARKETPLACE**

PITTSFIELD  
**café**

1020 SOUTH STREET, PITTSFIELD, MA 01201

## Coffee

Guido's has got you covered! Pick up with 12 oz. of smooth flavor. Proudly featuring High Lawn Farm dairy products...

### Espresso

Double shot

### Macchiato

Espresso with a dollop of froth

### Café Americano

Espresso topped with hot H2O

*Iced available*

### Cappuccino

Espresso with a frothy crown

*Iced available*

### Café Latte

Espresso with steamed milk and a frothy crown

*Iced available*

### Café Mocha Latte

All the Café Latte features, plus chocolate

*Iced available*

### Chai Latte

Black tea, honey, vanilla, spices and steamed milk

*Iced available*

### Hot Chocolate

Steamy milk, really nice chocolate and whipped cream

### The Steamy

Steamed milk with your choice of flavored syrup

### Affogato

Single shot espresso over 4 oz. of your favorite flavor of Capogiro Gelato finished with whipped cream

### Pump Pot drip coffee

### Teas

Assorted, bagged

### Iced Coffee

Drip coffee over ice

### COFFEE EXTRAS

Single shot espresso

Chocolate shot

Flavored syrup

Soy milk

## Smoothies

16 oz. of custom-blended goodness...

In a sea of smoothies, ours are real stand-outs. Of course, all our ingredients are the freshest and the finest. We make many of our nut milks in-house. Dairy free, Gluten free. Enjoy!

### Sweet Talker

Dates, bananas, almond butter, house-made coconut milk, soy milk

### Almond Joyous

House-made almond milk, strawberries, pineapple, banana, Guido's own oj

### What's Up Doc?

Carrot juice, raspberries, house-made coconut milk, banana, ginger, lime, pineapple juice

### Struberry

Blueberries, strawberries, banana, mint, rice milk, apple juice, lime

### Kale Ale

Fresh organic kale, plums, ginger, pineapple, apple juice

### Ready-Set-Go

Mango, raspberries, Guido's own oj, apple juice, mint, lime, love

### Jess Express

Cacao nibs, banana, house-made peanut butter, house-made cashew milk, rice milk

### Home for the Holidays

Pear, arugula, banana, pineapple juice, cranberry juice

### Sweet "P"

Sweet potato, house-made cashew milk, carrot juice, dates, pumpkin pie spices

## Juice Blends

12 oz. of pure goodness, Guido's-style...

### Smart Mouth

Fennel, apple, red grapes, cinnamon

### Clean n' Green

Spinach, cucumber, celery, pineapple, lemon

### Grape Expectations

Kale, red grapes, celery, apple

**more...**

### Mother Earth

Asparagus, beets, spinach, watercress, apple, lemon

### Shaker-Style

Carrots, celery, apple, parsley

### The Fenway

Orange juice, carrots, lemon, fennel

### Blazing Beet

Beets, ginger, fresh chili pepper, apples, garlic, celery

### Mr. McGregor

Celery, carrots, cucumber, dill, apple

## Just Juice

Carrot juice / 12 oz.

Wheat grass / 2 oz. shot

Lemonade and/or Limeade / 12 oz.

## Healthy Add-ins

Benefit from the **POWER** of super foods!

Dairy free, gluten free.

Drink your way to good health...

**Bee pollen:** super complete food

**Green Vibrance:** 25 million probiotics

**Hemp protein:** complete protein

**Chia seeds:** super omega three food

**Acai powder:** loaded with amino acids and antioxidants

## Kombucha Keg

Serving **Aqua Vitea Kombucha**, the elixir of life.

Organic, sparkling, raw, fresh, local and craft brewed.

By the glass, or bring your own jug!

## Fruit Lab

Build the perfect good-for-you snack.

Experiment with our daily mix of freshly-cut fruit and add-ins like locally made granola and yogurt. Sold by the pound, to eat in or take away.

**Please let your server know if someone in your party has food allergies.**

# Rome? Venice? Florence? Nope, Pittsfield!

Guido's Café proudly serves



Guido's is legendary for being pretty darn picky about what we offer in our stores. So, it took some serious (and mighty delicious) searching to land this exceptional gelato.

Capogiro Gelato Artisans are devoted to using hand-picked produce and milk from grass-fed, hormone-free cows. Italian artisan know-how ensures that the freshest, natural, and seasonal ingredients reach your palate.

This is very, very good gelato. And the fact that it has half the fat and half the calories of ice cream only raises the bar.

Stop in and sample classic flavors like **Nocciola, Pistacchio and Stracciatella** and innovative flavors such as **Rosemary, Honey & Goats Milk, Mascarpone & Fig, and Burnt Sugar.**

We serve 12 rotating flavors. Bet you're wondering what we're serving right now!

**YOU BET WE ARE WIRELESS.**

# GUIDO'S FRESH MARKETPLACE

Est. 1979

**BERKSHIRE COUNTY'S INDEPENDENT  
FRESH FOOD STORES SINCE 1979**

## visit our stores!

Why? Because we have been trusted for over 30 years to offer the freshest in produce, meat, seafood, healthy prepared foods. We proudly stock a broad range of native, local, and regional products as well as complete wine and floral departments at both locations. There's always something delicious going on at Guido's: simple, flavor-packed recipes to test from Guido's Kitchen; samples; give-aways; raffles; and store-wide events make our stores a foodie's dream! Check out our **completely renovated Pittsfield store**, where you will find a fresh look and even more offerings in all departments. Our wireless café is perfect for a refreshing pit stop. Make a point to drop by and see why a visit to **Guido's is a Berkshire County must.**

Do you have questions on cooking, food allergies, or special dietary needs? Our staff can help! We boast a large contingent of Culinary Institute of America graduates, a registered dietitian, experienced natural food industry professionals, knowledgeable wine managers, and a range of epicurean enthusiasts.

Need to say a special thank you? Want to make your guests feel truly welcome? Call upon our **Gift Basket** specialists. From simple, high quality fruit arrangements to extravagant bounties, we've got your needs covered. Local delivery with a smile available.

Whether you need serious provisions for your culinary adventures, a wholesome grab and go meal, or just want to see what all the excitement is about, come by our two convenient Berkshire county locations. We're looking forward to seeing you!

*The Berkshire Eagle's* **Best in the Berkshires:** 15 years  
*Metroland's* **Best of the Capital Region** (Albany, NY): 13 years

**PITTSFIELD & GREAT BARRINGTON**  
**guidosfreshmarketplace.com**

1020 South St., Pittsfield, MA 01201  
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